

**Reiki 1: \$395.00 p.p.**

## **Reiki Workshops**

The art of Reiki can only be acquired by receiving a series of attunements by a teacher who has in turn received the necessary attunements from another Reiki Master. It is the attunement process that is at the very heart of connecting with this Universal Energy source - and it is the nature of the attunement process that allows one to so rapidly access the gifts of natural healing, intuition and empowerment.

Attunements can best be described as vibrational adjustments to your entire energetic field; adjustments that are performed progressively over 2-3 days. They are gentle, non-intrusive and provide a considerable boost to your energetic field. Without these adjustments you can not proceed through the entire Reiki system of learning as they are fundamental in connecting you to the entry and exit points of energy flow through your body.

The purpose of the Reiki workshops is to introduce you to the understanding of how Universal Life Force acts upon, through and beyond yourself. Whilst the attunements are the catalyst to activate the flow, it is the information imparted in the workshop that will assist you to effectively work and integrate this empowerment into your daily life.

Working with Universal Life Energy is both powerful and subtle. By its very nature it encompasses all physical laws but transcends to include the laws of nature which evolve to give us a new Energy science. By obtaining this knowledge you will be more adept enabling you to channel and direct your increased energy flow to achieve optimum enhancement in the arena of healing, relaxation, stress release, emotional harmony, mental clarity and personal growth.

Everyone, including your teacher starts at the "first degree" level of Reiki.

It is at this level that you are introduced to the laws and dynamics of working with Universal Life Energy. You will also learn about how the system of working with energy was rediscovered by Dr. Usui in the late 1800's. Reiki as an art form is growing and adapting as we as a global society expand. The N.Z.S.N.E.A. still adheres to the traditional attunement process, sometimes called the Usui System of Reiki. It is a very precise ritualised process that is imparted from Master to Master. It is the intellectual knowledge of energy which you will find varies with individual teachers, as more understanding is discovered in the unfolding process of life. Your Reiki 1 workshop is two full days, normally a weekend and class sizes are usually kept to a maximum of 6 people. Part of the workshop involves guided meditations to assist you to integrate the intellectual information at a more sense orientated level. In addition to attunements you will gain an insight into the energetic nature of all life forms. During day 1 you will obtain the knowledge how to effectively use Reiki as a healing tool, how the holistic nature of energy and healing interact, along with a framework to facilitate on-going self maintenance and the treatment of all life forms: people, plants and animals. The second day of your workshop goes a lot deeper into the energetic make up of life and how we can use this information to further empower our development. This knowledge is a prerequisite for those who wish to develop further with the Reiki system. There is no entry requirement for Reiki 1. Once attuned you will automatically have the ability to work with increased energy flow for life. It is a simple, safe and powerful technique that requires no drain on your own energy, no diagnosis and can be practised by anyone, anywhere at any time.

**Reiki 2 \$590.00 p . p**

Second degree Reiki is one of the biggest steps to take in the Reiki system. The attunements involved here initiate an enormous expansion of your energy field allowing you to transcend physical limitations of space and time. You learn to work directly with the creative nature of energy; specifically to enhance, harmonise, protect and direct energy at will. At this level the attunements are working more vibrantly in the emotional field and you are given the guidance on how to clear past life trauma as well as enhancing future potential. You will effectively be able to channel a lot more energy which will have a correlating effect in your life.

This is a 2 1/2 day workshop which involves a lot more active participation than Reiki 1. The energy configurations of nature are revealed and a connection is bridged to your consciousness. In addition to being able to create specific harmonics you will be able to send energy vibrations to any nominated life force field.

**Reiki 3** - Third degree Reiki is designed for those wishing to gain the full mastery of tapping into Universal Life Energy without necessarily being teachers. One final attunement is initiated to fully align you with the continual unlimited flow of the complete nature of Universal consciousness. It is a decisive step into full acceptance and self responsibility and should be considered more as a commitment than a workshop - a commitment to living fully in the conscious vibration of your own creation.

A 3 day workshop that will also teach you how to initiate attunements to others and maintain full resonancy of any nominated vibration.

**Master / Teacher** - this is more of a training period than a workshop and acceptance is by assessment, The full attunement process is passed on at this level and the initiate must demonstrate an acceptance and willingness to live the principles imparted. Comprehensive teaching skills to facilitate others form an integral part of this course along with an in depth approach on the energetic nature of life itself. The duration of this training varies from 5-12 months.

Reiki Grand Master Terry Drayton facilitates regular Reiki workshops at all levels on behalf of the N.Z.S.N.E.A. As a natural healer, facilitator and teacher his purpose is to guide others towards self-healing, self-responsibility, self-empowerment and the ability to in turn facilitate others. This is the holistic nature of consciousness. Regular workshops are held at his residential base in Wanaka. Terry also conducts periodic workshops around New Zealand, and subject to a minimum group size additional courses can be arranged in your area. (NB: Costs are based on a minimum group size. Please enquire for costings for out of town workshops or individual only workshops)

All courses are certified by the N.Z.S.N.E.A. in accordance with the recognised standards of the "Usui System of Reiki"